

Effects Clenbuterol (clenbuterol hydrochloride):

- fat burning properties
- Irritability (psychological aktivnst \ tremor of the upper extremities)
- It has pronounced properties antikatobolicheskimi
- Very light anabolic effect
- Nausea and loss of appetite

Pharmacological action Clenbuterol (clenbuterol hydrochloride):

Clenbuterol Hydrochloride - one of the varieties of stimulants (b2) a beta2-adrenoceptor used in medicine as a remedy for asthma, has a half life of about 30 hours. In consequence a high vapor absorption, the therapeutically effective concentrations are in the plasma 15 minutes after the single dose and maintained for 7-24 hours. Write mainly kidneys 2-3 hours. Just not a steroid hormone. Primarily, Maple has anti-catabolic effect, i.e. it reduces the percentage of disintegrating a protein and contributes to muscle cells muscle cells. This property can be explained by the ability to "maple" block calcium ions (P ++) involved in the breakdown of proteins and skeletal muscle. This way the blockade avoids loss of muscle fibers. Therefore, it is recommended to take to try to block the catabolic phase and retain maximum strength and muscle mass after completion of steroids.

Clenbuterol increases the metabolic rate by 10-20% and can raise body temperature by a few degrees, so that it begins to burn fat, causing the body to use fat as fuel for such a heating. Particularly intensive fat burning occurs when combining drugs with Clenbuterol thyroid hormone. In simultaneous reception ACC Clenbuterol caused due they increase body temperature increases the effects of steroids, because accelerates protein metabolism in the body.

The optimum dose is dependent on the weight of the athlete's body and optimized depending on the measured body temperature.

Application Clenbuterol (clenbuterol hydrochloride):

Ketotifen - antiallergic agent, with the unique ability to restore the sensitivity of the beta-2 adrenoceptor to clenbuterol. With ketotifen can further accelerate the metabolism of 10%, which is very good for a drying step in bodybuilding. Everything else, ketotifen eliminates mental stimulation, facilitates falling asleep, and reduces the heart rate, that is, eliminates a lot of the side effects of clenbuterol.

Clenbuterol course (exemplary course the purpose fat loss):

day 1: 20 ug clenbuterol
Day 2: 40 ug clenbuterol
Day 3: 60 mg clenbuterol
day 4, 80 micrograms clenbuterol
day 5: 100 g clenbuterol + 1 mg ketotifen
day 6-25 120 ug + clenbuterol 2 mg ketotifen
day 26-28: 80 .mu.g + clenbuterol 2 mg ketotifen
day 29-30: 40 .mu.g + 1 mg clenbuterol ketotifen
day 31: 20 micrograms clenbuterol + 1 mg ketotifen

Importantly, the athlete starts receiving the drug to half tablets (20mkg) on the first day and then daily increases the number of tablets taken each day on the floor tablets (20mkg) in Shade (from the calculation that 40mkg tablet)! Clenbuterol should be taken cyclically.

Side effects Clenbuterol (clenbuterol hydrochloride):

- Tremor - ketotifen is eliminated
- sweating
- Insomnia - ketotifen is eliminated
- Anxiety - ketotifen is eliminated
- Increased heart rate - is eliminated beta-1-adrenoblokatorami.Prinimayte Bisoprolol 5 mg or 50 mg of metoprolol morning
- High blood pressure - is eliminated beta 1-blockers. Take Bisoprolol 5 mg or 50 mg of metoprolol morning

- Diarrhea
- Lack of appetite, nausea