

Development of the drug **gp clen** was conducted solely for the purpose of obtaining drugs for asthma. This drug has successfully passed the test, began to be used for its intended purpose, but soon enough showed the properties and qualities that got much more widespread. Along with the treatment of asthma, gp clen is often taken by bodybuilders.

The operating principle of Clenbuterol

Adrenoretseptory in fat and muscle tissue are of two types - alpha and beta. Excitation of the first group of receptors causes the active accumulation of body fat, and the second group, in contrast, adjusts the operation body in such a way that the fat starts to be used as a source of energy, its rate of cleavage increases dramatically. gp clen - a beta-2 agonist. He cites the excitement adrenoretseptory beta type. Its use triggers biochemical reactions that increase lipolysis - the breakdown of fats into components.

The drug, in addition to fat loss, exerts dispersing effect on the metabolism, enhancing its rate of about 20-30 percent. This allows you to get another distinct advantage in the drying period. Lipoprotein lipase when using Clenbuterol acts actively, which prevents the formation of fat in the body. The use of this agent stimulates the thyroid to increased production of hormones, which are fat burners. These properties gp clen great help to get rid of excess body fat.

Sold in tablet form, the preparation becomes excellent helper each athlete in the drying period, to accelerate the metabolism, secretion of hormones, synthesized by the thyroid gland. These and other effects allow you to lose body fat in the background diet, implying a deficit of calories consumed.

Misconceptions about the drug Clenbuterol

There are many myths about gp clen. One of the most common misconceptions was the assignment of the drug anti-catabolic - anabolic effect. It appeared out of nowhere. This was facilitated by conducting tests with animals. However, even large dosages, amounting to more than 1 milligram daily administered to horses, caused a similar effect in some individuals, and only to a small degree. Experienced Clenbuterol tests on animals have no relation to the influence of the drug on the human body. The dosage of 1000 mg (1 mg) may be administered to the horses. For humans, it is lethal. And even if gp clen and has an anabolic effect in high doses, unfortunately, for the athlete, the drug consumed in small quantities, it does not matter. Consequently, the reception of a medicament for anti-catabolic effect, deprived of any meaning.

gp clen behaves exclusively as fat burner is prescribed for asthma. No other effects it has not, is appropriate to accept in the drying period. Any other properties attributed to Clenbuterol, if there is, then the impact is negligible, completely unnoticed by the athlete. As a fat burner, on the contrary, Clenbuterol has established itself only on the positive side. One should not treat him as a "miracle" means, which itself gets rid of body fat. It has a fat burning effect only in well-written training and diet. The drug speeds up the metabolism, it contributes to the fact that the body begins to use fat as a source of energy, given the fact that he does not get enough calories from food. It is necessary to remember about the individual characteristics. Properly constructed regime, workout, diet sometimes does not allow the athlete to fully feel the effects of gp clen. The rationality of reception of these tablets in a drying period to evaluate only the constant monitoring of the results achieved. Most importantly, in the pursuit of effect, do not forget about caution.

Along with pills, Clenbuterol, and can be purchased in the form of a syrup. In the last part of the sugar part. This makes it not the best choice for the athlete. Preference is better to give tablets.

Possible side effects of clenbuterol

Like any drug, clenbuterol use may have some negative features. They are not so great if the athlete strictly observes the daily rate.

Side effects of the drug for bodybuilding are in the following forms:

- nausea, which occurs in 3% of athletes;
- indigestion, observed in 5%;
- elevated arterial pressure and heart rate, which manifests itself in 6%;

- causeless anxiety and insomnia, which is observed in 7% of the athletes;
- sweating, manifested in 10% and shivering convulsions observed in 20% of cases.

Many of the negative effects, based on frequency of occurrence, almost always manifest themselves. Not worth much to worry about these risks as they are observed only in the first days after the start of the use of gp clen, and then pass. The presence of negative effects is a consequence of the reaction of the body to increase the rate of metabolism.

To get the most benefit from this drug, to reduce the risks to zero, you need to comply with two conditions. Firstly, not exceed the recommended daily requirement (120 micrograms), starting with the minimum reception dosages. Second, use some related products in the drying period.

Clenbuterol weight loss

The course of Clenbuterol tablets should be not more than 1.5 months (6 weeks). After 14 days, comes a downregulation of receptors. This means that the effectiveness of the drug is greatly reduced. This allows you to avoid the concomitant ketotifen. Its daily dose varies from 1 and up to 2 microgram. This drug not only prevents a decrease in the effectiveness of Clenbuterol, but also makes it easy to move the first days of the course, when side effects occur.

Clenbuterol begin with taking small doses, increasing the daily rate of 20 micrograms, achieving optimal. Increasing the dosage is carried out in the first six days of the beginning of the course:

- **20 g on the first day;**
- **40 mg on the second day;**
- **60 mg on the third day;**
- **80 mcg on the fourth day;**
- **100 ug for the fifth day;**
- **120 ug in the sixth day.**

Achieving maximum dosage optional. You can stop at 80 micrograms. You need to navigate to their personal feelings.

Reviews about the drug Clenbuterol

Host Clenbuterol tablets drying period athletes point sufficiently weighty increase the fat burning process speed. Athletes feel vigor, a higher concentration during exercise. This is especially valuable in compliance with low- or carbohydrate-free diet.