

Testosterone Cypionate is the longest of the currently known forms of testosterone. In sports for male hormone use for a long time, not only men but also women. By taking testosterone, there is a significant increase in vital signs, which invariably affects the improvement obtained in the course of training results.

Testosterone cypionate is the most popular and common in America, where the main production is concentrated drug. This steroid is released and Balkan companies. Prolonged effect of testosterone cypionate is because the steroid is "planted" on the air, allowing it to be stored in the fat depot within fifteen days.

The active substance is cleaved and released into the bloodstream slowly. Such "behavior" of the steroid to minimize the number of injections, which is quite convenient. If we consider enanthate and cypionate, these forms of testosterone may well replace each other, and are available only as an injection.

What effect does the reception Testosterone cypionate?

The introduction of this steroid has the following positive effects:

1. **Increases muscle mass.** While taking cypionate, there is an increased hydration of cells. Water makes up a considerable share of volume recruited athlete. Muscles become visually attractive and distinct appearance. The accumulation of fluid causes a hairdryer rollback after completion of the course. Water accounting for up to one third of the total weight gain.
2. **Elevating force.**
3. **It stimulates the synthesis of red blood cells.** The increase of oxygen supply in the blood allows the muscles to function more efficiently, which has a positive impact on the athlete's endurance.
4. **Provided spermatogenesis and sexual behavior.**
5. **The quality of phosphorus metabolism.**
6. **There is a positive nitrogen balance.** The amount of synthesized protein is much higher disintegrating.

Steroid Profile Testosterone Cypionate

Steroid shows:

- 100% anabolic and androgenic effects of testosterone;
- significant suppression chain hypothalamic-pituitary-testes;
- lack of toxic effects for the liver;
- a high level of estrogen conversion.

Any form of testosterone anabolic acts through receptors. Cypionate is no exception. This allows at times to increase the ability of the hormone to maintain nitrogen, which is the main structural component for creating a protein in muscle.

The course of cypionate

The optimum frequency is considered the injection once every seven days. Prolonged action can receive cypionate steroid and less, but such a scheme does not provide injections perform optimally high level of hormone concentration. Athletes seeking to gain muscle mass, you need to focus on the **daily dosage of 250-500 milligrams** .

Testosterone Cypionate solo courses allow to get good results. They are perfect for beginners to athletes who do not need to take additional drugs. It should be understood that the increase in the optimum injection norm than 800 milligrams would not allow to achieve a pronounced anabolic effect, but the chances of side effects will increase.

Combined courses are largely identical solo. The steroid is best combined with nandrolone. The dosage of both drugs is 200 mg in a week. Block estrogenic effects of tamoxifen allows. It is used from the second week of the course of 10 milligrams each day and finish used in fourteen days after

discontinuation of cypionate. To normalize the secretion of testosterone, in the course of taking Proviron, replaced in the future tamoxifen.

Possible side effects

Steroid demonstrates a high level of flavor. Consequently, with an increase in muscle mass is increased and the concentration of estrogen, which is a cause of the disease such as gynecomastia , accompanied by swelling and sealing the area around the nipple. To prevent manifestations gyno risks athletes take aromatase blockers and Nolvadex or Clomid , is an antiestrogen.

Side effects from the reception cypionate often caused by a high conversion to the active form of the hormone dihydrotestosterone manifest androgenic character. In some cases, the athlete can be raised blood pressure, observed the growth of hair on different parts of the body and on the face or on the contrary, baldness, acne, excessive secretion of the sebaceous glands.

Reviews of Testosterone Cypionate

The phenomenon of rollback after the abolition of cypionate course can not be prevented completely, but to gain muscle mass, regardless of this, it remains at a sufficiently high-quality level. Reviews say that the side effects of the drug, with the exception of high concentrations of liquid, almost never occur. Cypionate enanthate competes and is very effective.

Most professional bodybuilders cypionate combined with other drugs, but this approach is not recommended for beginners, because it increases the possibility of side effects. Leaders among this testosterone producer not, preference should be given to American and European producers, but they often belittle dosage and overestimate the cost.