

Anavar (oxandrolone), in contrast to most oral compounds are classified as an anabolic steroid first class (Class I), which is most effectively combined with the compounds of the second class (Class II), for example, Dianabol or Anadrol®. It does not contribute almost nothing to the course during which already uses high doses of anabolic steroids Class I, such as trenbolone, or high doses of testosterone, which is classified as having mixed activity. Oxandrolone can benefit, although quite expensive, using moderate doses of testosterone.

Anavar often called weak steroid. One reason for this is that the use of only one steroid Class I almost never give the maximum effect. The other reason is that bodybuilders and those who write articles in the field, often make unfortunate and unreasonable comparisons when evaluating the anabolic steroids. If, say, 8 pills a day, give a little, then the drug is declared worthless or weak. Oxandrolone but usually included in the tablet Anavar and of 2.5 mg, which in this example is only receiving 20 mg per day, and in other words, 140 mg per week. For comparison, testosterone in doses too, will not give you little or no results. In fact, few anabolic steroids lead to stunning results at this dose, but no one does not come to mind for this reason call them weak. More faithful would conclude that some Anavar pills have a low concentration of the active substance, but it does not mean that the drug is ineffective in itself. Reputation oxandrolone improved when commercially appeared Anavar tablets with a higher dose of the steroid. Nevertheless, it still can not be regarded as a particularly cost-effective steroid Class I, and, if this is the only steroid in the received to date, it can not compete with an effective combination of steroids.

From a pharmacological point of view, it was discovered that oxandrolone weakly binds to the androgen receptor. It would appear that it is contrary to the system of separation of Class I and Class II, but the results just are. Perhaps this is a case where what happens in the body, different from what happens in the laboratory, and perhaps then there is still some kind of an interesting phenomenon.

However, from a practical point of view, as oxandrolone behaves in combination with other steroids, indicates the need to classify it as a steroid Class I: it enhances the effect of steroids Class II, and only adds a definite effect in combination with the compounds of Class I. From a practical point of view, it's quite a potent substance, which means it has a fairly high efficiency in the calculation of per milligram of substance. In combination with steroids Class II, Anavar quite effective at a dose of only 75 mg per day, and often even 50 mg per day.

Anavar does not aromatize, does not convert to DHT, and has an 8-hour half-life. Thus, a moderate dose, adopted this morning, the night is almost completely eliminated from the body, but provides effective levels of androgen during the day and early evening.

One study showed that oxandrolone works better than testosterone or Deca (nandrolone) for burning abdominal fat men, or, at least, elderly men suffering from obesity in specific low doses, which were used in this study and that It was not necessarily equivalent. Based on this result, we made some very broad conclusions about bodybuilding. However, this is not necessarily so when taking a course of anabolic steroids at doses commonly used by bodybuilders. I think that in that particular study, the difference in results can be explained by the difference in the dosages.

In practice, under the common doses of androgens, which are generally accepted by bodybuilders as part of the course, without oxandrolone can burn fat as effectively as with them, keeping in mind that there are a variety of alternatives oxandrolone. This, of course, does not mean that the drug is ineffective, rather, it can be said that other androgens, including testosterone, are just as effective for fat loss by using high doses.

However, if you use a low dose, then, I think, would be to conclude that for most people receiving a low dose of Anavar is more effective for fat loss than the use of an equal dose of most other anabolic steroids. This can be partially or fully explain the additive effect when combined with its own testosterone: such use of oxandrolone can greatly suppress the body's own testosterone production, and a person can get the advantage of both of their natural testosterone, and from taking oxandrolone. But testosterone or nandrolone even at low doses leads to significant suppression of natural testosterone, and so that the total effect is smaller.

Like other 17-alkylated steroids, oxandrolone hepatotoxic. At one time it was thought that it is not, but the clinical and practical experience with Oksandrinom showed that with prolonged use, can really hurt the liver. I believe that the principle of using well-known 17-alkylated steroids of not more than 6 weeks, and should be used when using oxandrolone, as well as any other oral alkylated steroid.

Trenbolone and Primobolan can replace Anavar, and will not have to worry about the toxicity to the liver. At the same time Primobolan as Anavar, only weakly suppresses the body's natural production of testosterone and trenbolone - on the contrary.

Interesting use of the drug, the advantage of which is the possibility of oral reception - is the use of a single dose early in the morning as a "link" between the courses, which, in my opinion, should be done - if you have decided on it - only after the full restoration of the normal production of natural testosterone by completion of the course. This usually requires at least 20 mg. Ideally, testosterone levels should be measured in order to keep control of taking steroids. It limits a "bunch" only factor toxicity to liver. As for the reception of his women, despite widespread belief that virilization when taking Anavar women is minimal, in fact, at a dose of 20 mg per day, it is very common and can occur when taking much lower doses. Even 5 mg per day is not for everyone will be held without the side effects. The course is recommended oxandrolone is not often, because there are more cost-effective options that will achieve the same objectives without increasing the hepatotoxicity. Two of the most effective ways Hour Anavar is, firstly, the period between courses, but caution should be exercised to avoid excessive length of the continuous reception 17-alkylated product; and, secondly, if you do not inject drugs short-acting, as a supplement to the course, when hormone levels drop in the gap after the last injection and the onset of post-cycle therapy, to ensure that during this period you could always get the most benefit.